

## Overflow – The Truth Will Set You Free

---

We started a new series called overflow a couple weeks ago where we began to focus on the life of abundance that Christ has promised us.

\*\*\*John 10:10

“The thief comes only to steal and kill and destroy; I came that they may have life, and have *it* abundantly.

\*\*\*Life – Zoe - of the absolute fullness of life, life real and genuine, a life active and vigorous, devoted to God, blessed, in the portion even in this world of those who put their trust in Christ.

We started off by looking at the concept of worry or anxiety and we looked at what Jesus taught about the subject in Matthew 6 and the answer that He gave to worry and anxiety was this:

\*\*\*Matthew 6:33

But seek first His kingdom and His righteousness, and all these things will be added to you.

Notice that it doesn't say seek only! Our first priority has to be seeking after the kingdom of God and His righteousness.

And we said that the thing you make first in your life will drive every decision you make.

Then last week we talked about what needs to change in order for us to see this life the Christ has brought to us manifested in our lives.

Now if I asked how many of you were living the zoe life, very few of you (if any) would raise their hand if you were honest. So obviously what we're doing right now isn't working.

If we are going to experience the life that Christ has for us, that zoe life, then change has to occur.

## Overflow – The Truth Will Set You Free

---

Romans 12:2 And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

A renewed mind results in a transformed life.

We looked at Proverbs 4:20-23 and saw the importance of how knowing and taking the truth of God's word into our heart will cause something else to begin to overflow from our being.

\*\*\*Proverbs 4:23

23 Watch over your heart with all diligence,  
For from it *flow* the springs of life.

1. Listen to and Look at the word of God.
2. For the purpose of hiding it in your heart.
3. What you put in your heart comes out.
4. What comes out either produces life or doesn't

The bible doesn't say that "prayer" will set you free. It says that the "truth" will set you free.

In Matthew chapter 4 when Jesus battled temptation out in the desert, He didn't combat the lies of the devil with prayer, He did it with the truth.

For every temptation that you and I struggle with, and every area of life that we are trying to overcome, there is an inherent lie of the enemy associated with keeping us there and holding us back and if we don't counter that lie with the truth of God's word, change will NOT occur. We will fall back to what we've always done to bring change, which is primarily going to church, singing songs, listening to sermons, and praying.

## Overflow – The Truth Will Set You Free

---

So today we are going to concentrate and finish up this series with specific truths to counter the lies of the devil.

Say you struggle in your thought life. You find yourself constantly struggling with thinking about things you shouldn't. The lie here is that you can't help what you think about.

2 Corinthians 10:3-5

3 For though we walk in the flesh, we do not war according to the flesh,  
4 for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses.

5 We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ,

Colossians 3:2-4

2 Set your mind on the things above, not on the things that are on earth.

3 For you have died and your life is hidden with Christ in God.

4 When Christ, who is our life, is revealed, then you also will be revealed with Him in glory.

Philippians 4:8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

Lying doesn't matter.

Colossians 3:9,10

9 Do not lie to one another, since you laid aside the old self with its evil practices,  
10 and have put on the new self who is being renewed to a true knowledge according to the image of the One who created him

You'll never amount to anything. Failure

## Overflow – The Truth Will Set You Free

---

Romans 8:37-39

37 But in all these things we overwhelmingly conquer through Him who loved us.  
38 For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers,  
39 nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.

Anger – I'm allowed to be angry at them because they deserve it.

James 1:19,20

19 *This* you know, my beloved brethren. But everyone must be quick to hear, slow to speak *and* slow to anger;  
20 for the anger of man does not achieve the righteousness of God.

Pride – I'm a pretty big deal

Jeremiah 9:23,24

23 Thus says the LORD, "Let not a wise man boast of his wisdom, and let not the mighty man boast of his might, let not a rich man boast of his riches;  
24 but let him who boasts boast of this, that he understands and knows Me, that I am the LORD who exercises loving-kindness, justice and righteousness on earth; for I delight in these things," declares the LORD.

I can't help what I say

Ephesians 4:29

29 Let no unwholesome word proceed from your mouth, but only such *a word* as is good for edification according to the need *of the moment*, so that it will give grace to those who hear.

Selfishness (my deal is more important is your deal)

Philippians 2:3,4

3 Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves;  
4 do not *merely* look out for your own personal interests, but also for the interests of others.

## Overflow – The Truth Will Set You Free

---

Materialism – As soon as I get

Proverbs 30:8,9

- 8 Keep deception and lies far from me,  
Give me neither poverty nor riches;  
Feed me with the food that is my portion,  
9 That I not be full and deny *You* and say, “Who is the LORD?”  
Or That I not be in want and steal,  
And profane the name of my God.

Authority – If I don’t agree with the rule, I don’t have to keep it.

Romans 13:1,2

- 1 Every person is to be in subjection to the governing authorities. For there is no authority except from God, and those which exist are established by God.  
2 Therefore whoever resists authority has opposed the ordinance of God; and they who have opposed will receive condemnation upon themselves.

Relationships

Proverbs 13:20

- 20 He who walks with wise men will be wise,  
But the companion of fools will suffer harm.

The people you surround yourself with will determine the direction and quality of your life.

1. Learn to speak the truth (out loud)
2. Personalize it
3. Pray the truth
4. Meditate on it