

## **A. Introduction: Change is in the air (fall)**

### **\*Chiropractor Story-**

History of Condition, appt., x-ray, “gentle” adjustments, neck like machine gun, left there feeling better then went back to my daily activity and came in the next day feeling the same way as when I left. Daily adjustments have to happen in order to help the body get in position to heal itself- to get in position to function how it was intended to. And if I had tensed up and resisted the doctor “adjusting” my back, it would never get into alignment or worse yet, I could have injured myself further.

\*It’s the same with God, if we resist the tweaks and pokes that God allows or orchestrates in our lives or worse yet, ignore our root issues altogether, it just will get us more and more out of wack with the perfect will of God.

### **Title:**

#### **God’s like a Chiropractor:**

*“He’s always Making adjustments”*

### **Huh...**

#### **Signs You've Gone to a Bad Chiropractor:**

- \*When you walk, you make a weird accordion sound.**
- \*Keeps saying, "A spine is like a box of chocolates."**
- \*Repeatedly asks, "You a cop? You sure you aint' no cop?"**
- \*Over and over, you hear crunching sounds followed by, "Oh, no."**
- \*There's a two-drink minimum.**
- \*At end of session, lies down on the table and says, "My turn!"**
- \*Rushes in late to your appointment still wearing his Burger King uniform.**

**Hmm...** Change is the essence of life. Be willing to surrender what you are for what you could become. Anonymous

## **B. Scripture: Hebrews 12:7-12 (turn to this and hold)**

\*Many of us ask God for an assignment, or look hard to see where God is at work, but then hesitate or refuse to make necessary adjustments.

\*Jesus exemplifies willingness to make an adjustment:

“For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich” (2 Cor. 8:9).

**\*We have to change in order to change. We have to get in right position to see the promise fulfilled. We have to allow God to be our Holy Chiropractor and make those “gentle adjustments” that sometimes don’t feel so gentle. Sometimes they are down right painful.**

**\*Oswald Chambers says**, “There is an intense pain right before total surrender.”

\*But God loves us and that’s why he sometimes tweaks and pokes, and prods and chastens us.

\*The Change has to occur, however, because God wants us ready to see the promise

fulfilled: the first chapter of Genesis says that everything God made was good, and altogether it was very good. It does not say perfect; in the Old Testament that word is used fewer than twenty times, nearly all in relation to the nature of God's own being. Human beings and everything else in creation fit together in a way that the Lord deems very good, but not perfect. Perhaps that is because a world without conflict or problems to be overcome would not be very interesting either to its Creator or its inhabitants.

## **Hebrews 12:7-13**

<sup>7</sup> If you endure chastening, God deals with you as with sons; for what son is there whom a father does not chasten?

<sup>8</sup> But if you are without chastening, of which all have become partakers, then you are illegitimate and not sons.

<sup>9</sup> Furthermore, we have had human fathers who corrected *us*, and we paid *them* respect. Shall we not much more readily be in subjection to the Father of spirits and live?

<sup>10</sup> For they indeed for a few days chastened *us* as seemed *best* to them, but He for *our* profit, that *we* may be partakers of His holiness.

<sup>11</sup> Now no chastening seems to be joyful for the present, but painful; nevertheless, afterward it yields the peaceable fruit of righteousness to those who have been trained by it.

<sup>12</sup> Therefore strengthen the hands which hang down, and the feeble knees,

<sup>13</sup> and make straight paths for your feet, so that what is lame may not be *dislocated*, but rather be healed.

## **C. God “adjusts” or chastens us through...**

**The word**

**The woes**

**The wait**

\*Definition:

Adjustment- *a process of modifying, adapting, or altering individual or collective patterns of behavior so as to bring them into conformity with other such patterns*

## **The Word- (spiritual adjustment)**

**2 Tim. 3:16 - "all Scripture . . . is profitable for doctrine, for reproof, for correction, for instruction in righteousness"**

\*The Word of God inflicts hurt on us more than sin ever could, because sin dulls our senses. But this question of the Lord intensifies our sensitivities to the point that this hurt produced by Jesus is the most exquisite pain conceivable. It hurts not only on the natural level, but also on the deeper spiritual level.

### **Hebrews 4:12**

**"For the Word of God is living and powerful . . . , piercing even to the division of soul and spirit . . ."— to the point that no deception can remain**

\*It causes such a tremendous hurt that any part of our life which may be out of line with His will can feel the pain. There is never any mistaking the pain of the Lord's Word by His children, but the moment that pain is felt is the very moment at which God reveals His truth to us."

-- [No author assigned in CUT](#)

**\*Remember that none of us have reached perfection...**

"For all have sinned and fall short of the glory of God."  
Romans 3:23 NIV

## **The Woes- (attitude adjustments)**

**\*"Disposition has to meet the revelation of the promise of God"**

### **Ex) Abby (3 yrs. old) and her “lost” hat**

\*Sometimes our emotions are so out of whack, that the solution seems so far off to us and as obvious as the hat on our head to others.

Joseph’s story in Genesis 37:5

**( Read) “And Joseph dreamed a dream, and he told it to his brethren: and they hated him yet the more.”** (17 years old)

\*God tests us by fire. He has His hand on the thermostat of our lives and sometimes turns the temperature up by allowing some hardship. This is how we learn to trust Him. When we don’t see His face, we don’t hear His voice, and we don’t understand His ways- we need to learn to trust His heart!

\* Trust is absolutely essential if you are to be led by God because you will never maintain your commitment to obeying Him and waiting on Him unless you really trust in Him. You must trust that He will provide everything necessary to fulfill His will for your life in His own way. This is what Abraham did. He trusted God to providentially provide a wife for Isaac from outside of Canaan, even though that was extremely unlikely.

**\*next time Abby won’t worry or fret so much about her hat, because she’ll remember that it was right there on her head the whole time.**

\*If you’re being tested in the area of finances and you’ve said, “I don’t understand this, I’m giving on a regular basis” have you ever stopped to think that God has crazy money in store for you as part of his promise to you and you have to learn better management skills.”

Ex) the story of the rich young ruler (Matthew 19:20-22)

<sup>20</sup>The man saith unto him, All these things have I observed: what lack I yet?

<sup>21</sup>Jesus said unto him, **If thou wouldest be perfect, go, sell that which thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, follow me.**

<sup>22</sup>But when the young man heard the saying, he went away sorrowful; for he was one that had great possessions.

## The Wait (mental adjustment)

Habbakukk 2:2,3

<sup>2</sup> Then the LORD said to me, “Write my answer in large, clear letters on a tablet, so that a runner can read it and tell everyone else.

<sup>3</sup> But these things I plan won't happen right away. Slowly, steadily, surely, the time approaches when the \_\_\_\_\_ will be fulfilled. If it seems slow, **wait** patiently, for it will surely take place. It will not be delayed.

**\*To wait on a promise can be excruciating**

chá kâ h  
*khaw-kaw'*

A primitive root (apparently akin to [H2707](#) through the idea of *piercing*); properly to *adhere* to; hence to await:—long, tarry, wait.

\*Basically, we need to “wait” on a promise or vision by sticking to it.

\*I believe he says to write it down because what is the first thing a person who is busy needs to do in order to remember something important- write it down.

\*God reminds us to write the vision down because He intends for us to be so busy about Kingdom business that we can almost forget the thing that he's promised us.

\***My Theory:** Half of us never write the vision down. We don't have to. We're sitting so idle all we do is think about the things and promises that haven't happened yet. We don't have much of anything else to do.

**\*Waiting and obsessing over an unfulfilled promise zaps us of spiritual energy**

\*but **“those that wait upon the Lord shall renew their strength...”**

qā vā h  
kaw-vaw'  
to *bind* together (perhaps by *twisting*)

\*We need to wait on and wrap ourselves around Jesus and not wait on and wrap ourselves around the thing he's promised us. Because we then are looking towards the gift and not the giver of that gift. That thing God brings us, may not look like what we imagined in our heads...

\*We get it all backwards, we don't wrap ourselves around God (Kaw-Vaw) and wait patiently for the promise (Chaw-kaw), we wrap ourselves around the promise and get impatient with God. "But God, you said I would be this..." and God says "No, I said this much and you've been obsessing over it for so many years, you've embellished it to this much. And actually, I've sent the promise to you twice and you didn't recognize it."

### **Ex) Pastor who left ministry to find his wife**

**\*This causes us a major identity crisis doesn't it?**

### **Ex) Tess as safety patrolmen**

\*We have to remember that we don't find our identity in some calling, we are "called to be called". Whatever hat or badge God wants us to wear that day is our calling.

\*You cannot draw strength from wrapping yourself around a promise, that drains you, but those that "wait upon the Lord, shall renew their strength"

It's not a question of "if" it will happen, it's a question of "when" it will happen

This causes us a major identity crisis. We need to know that we are called to be called. Not called to a specific thing. If you are not operating in what your expectations of what God promised you'd be doing, give it a while and wait in the biblical sense. We shouldn't be weary in the wait:

\*God is adjusting us by teaching us how to wait with expectancy, but to mature in Him and focus on Him at the same time.

**Psalm 62:5 says, "My soul, wait thou in  
silence for God only; For my  
expectation is from him.**

## **Conclusion:**

Don't be satisfied and settle like I did with my back problem. Let God make the adjustments He needs to make, even if at times they seem a little painful. Let Him chasten you through His word by studying and meditating on that and not relying on your own obsessive reasoning, let Him refine you and the gifts He's given you by trusting Him when the fire gets hot in your life, and let Him adjust your thinking to line up with His by wrapping yourself around Him in worship and fellowship, gratitude and devotion when you are waiting on a particular promise from Him.

\*Remember the promises of God are "yes, and amen"

**\*Don't settle for less than God's best. Never stop short of the Perfect will of God for your life even if at times, it can be a little painful. It will be worth the journey!**